

# Grade 4-12 School Program

## Pricing & Information

This information is provided for your use

Sign up sheets should be faxed ahead to 1-306-937-3688

### Do Not Return Any Information By E-Mail

The following rates apply **ONLY** if we receive your registration forms  
**AND** payment **TEN** days in advance of your visit.

#### **January 21,2009 till Closing**

	<u>Skis</u>	<u>Snowboards</u>
Lift ticket	\$6.00	\$6.00
Rentals	\$6.00	\$14.00
Lessons	<u>\$8.00</u>	<u>\$8.00</u>
Total	\$20.00	\$28.00

#### **Early Season Rates (Until January 16,2009)**

	<u>Skis</u>	<u>Snowboards</u>
Total	\$19.00	\$27.00

#### **Regular Rates**

(If no payment and/or registration forms)

	<u>Skis</u>	<u>Snowboards</u>
Total	\$22.00	\$30.00

Snowboard boots (Soft only) \$7.00

Helmets (to be paid by school) \$5.00

#### **Disabled Lessons**

Must book ahead of time

\$20.00/hr

#### **Tubing**

With General lift ticket \$4.00

Tubing Only (No Lift Pass) \$8.00

Please Note: You must be **At Least 42"** tall to go tubing

Tubing is open from 1:00pm-4:00pm

**Add GST To All Prices**

# TABLE MOUNTAIN SCHOOL SIGN UP SHEET

Fax to: (306) 937-3688

CLASS OR GRADE \_\_\_\_\_

SCHOOL \_\_\_\_\_

SKI DATE \_\_\_\_\_

Please print and fill out before your arrival. Do not write in ski/board, boot or helmet column as they are for rental staff use.

NAME BY CLASS	ABILITY LEVEL	SKI/BOARD#	BOOT#	HELMET#
PLEASE PRINT ALPHABETICALLY	BY COLOR	DO NOT WRITE IN THIS COLUMN		
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				

# Lessons

All students are required to take lessons **NO EXCEPTIONS.** There are three levels of skiing and snowboarding lessons that are offered:

<b>SKIING LEVELS</b>	
<b>RED</b>	An introduction to skiing, designed for first or second time skiers. We stay on the Bunny Hill.
<b>GREEN</b>	Ski improvement, for skiers that can turn both ways and stop using a snowplow stance. We generally go straight to the top of the chair.
<b>BLUE</b>	This level is for skiers that can parallel ski and are ready for a new challenge. We will be going through the Terrain Park and down Black Diamond runs.
<b>SNOWBLADES</b>	YOU MUST BE A BLUE SKIER IN ORDER TO USE SNOWBLADES <b><u>AND</u></b> YOU MUST BRING YOUR OWN EQUIPMENT. SNOWBLADES CANNOT BE RENTED.

<b>SNOWBOARDING LEVELS</b>	
<b>YELLOW</b>	An introduction to snowboarding designed for first or second time snowboarders. We generally stay on the Bunny Hill.
<b>ORANGE</b>	Rider improvement for snowboarders who are ready to start turning or still have trouble linking turns. We go straight to the top of the hill.
<b>BLACK</b>	This level is for confident riders who want to improve their skills. We will be going through the Terrain Park and down Black Diamond runs.

We strongly suggest that students sign up in the lesson of **THEIR ABILITY** and not that of their friends (Levels should be based on skill not peer pressure). We also strongly recommend that all schools adopt a policy that all students participating wear a proper snow sport helmet.

**ALL PERSONAL SNOWBOARDS MUST HAVE A LEASH RESTRAINT**

# TEACHERS & CHAPERONS

## CHECK LIST

### PLEASE HAVE THIS INFORMATION READY WHEN YOU ARRIVE

1. Number of students you brought
2. Number of students with their own equipment/season pass
3. Number of adults (supervisors) who need lifts/rentals/lessons

Each school will receive one complimentary lift ticket for every ten students in attendance. School rates apply for chaperons that are not covered in the complimentary allowance. (They must pay the school, not the ski hill and will be included in the total school payment.)

**Note:** All teacher and chaperone lift tickets will be issued only after the schools bill has been settled by the person in charge of the visit.

Our local health region requests that all schools coming to Table Mountain have the following information:

- All students have proper ID and Health Card number
- All students provide an emergency contact phone number

One person from each school should have all the information for each student and should present themselves to the rental shop manager upon arrival.

\*\*\*We STRONGLY advise that schools arrange to bring an emergency (private) vehicle along that day, specifically designated for the purpose of transporting students that may become injured to the hospital. Please have a vehicle and the designated driver available for this purpose if possible. \*\*\*

## Hours of Operation

- Rentals and Chalet open from 9:00am – 5:00pm
- Lifts run from 10:00am – 4:30pm
- Closed Mondays and Tuesdays until February except for Christmas Holidays
- Open Friday nights 6:30pm – 9:30pm starting in January
- Tubing Park open from 1:00pm – 4:00pm

**Note:** Chalet will not be open till 9:00am so please stay on the busses till then.

**Table Mountain Regional Park**  
**Attention To All The Schools**

All children attending a ski trip to Table Mountain must have the attached form signed by parent/guardian. If you have your own release forms, the following information must be included:

Dear Parent,

Thank you for allowing your child to come and enjoy a day at our facility. We would like to bring up a few points to make your child's visit as enjoyable as possible.

1. Make sure your children are dressed appropriate for outdoor winter activities.  
Ex. – Have with them warm clothes, mitts, toques, neck warmer, and long johns.
2. You should make sure your child has access to proper nourishment for the day.
3. We have at times had problems with theft. We therefore recommend that all valuables be left at home or they should just be secured in lockers in which we have a limited amount available at the cost of one dollar per use. Another option may be to make arrangements with drivers to leave extra items on their buses. Please note: We will not be responsible for missing items.
4. We need some information about your child to be able to properly fit their skis or snowboards. Specifically we need to know your child's height, weight, and shoe size. Please make sure your child is able to present this information to our staff.

Please be aware that the following disclaimer must be read and this form signed and returned to the school as a condition of your child's use of our facilities.

I understand that the binding system cannot guarantee the user's safety. In downhill skiing, the binding system will not release at all time or under all circumstances where release may prevent injury or death, nor is it possible to predict every situation in which it will release. In snowboarding, snowblading and other sports utilizing equipment with non-release bindings, the binding system will not ordinarily release during use, these bindings are not designed to release as a result of forces generated during ordinary operation.

I understand that the sports of skiing, snowboarding, snowblading, and other sports (collectively "RECREATIONAL SNOW SPORTS") involve inherent and other risks of **INJURY** and **DEATH**. **I voluntarily agree to expressly assume all risks of injury or death** that may result from these RECREATIONAL SNOW SPORTS, or which relate to the use of this equipment.

I understand that a helmet designed for RECREATIONAL SNOW SPORTS use will help reduce the risk of some types of injuries to the user at slower speeds. I recognize that serious injury or death can result from both low and high energy impacts, even when a helmet is worn.

PARENT OR LEGAL GUARDIAN SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

SCHOOL NAME: \_\_\_\_\_

STUDENT NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_

Note: There is no substitute for responsible behavior on the slopes.  
Follow the "Alpine Responsibility Code" and consider wearing a helmet. It's a smart idea.

**TABLE MOUNTAIN REGIONAL PARK**  
**SKI SCHOOL GROUP LESSON FORM**

SCHOOL: \_\_\_\_\_ SKI DATE: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_

PHONE#: \_\_\_\_\_ FAX #: \_\_\_\_\_

E-mail \_\_\_\_\_

TIME OF ARRIVAL: \_\_\_\_\_ DEPARTURE: \_\_\_\_\_

TOTAL # OF STUDENTS:  
SKIING \_\_\_\_\_ SNOWBOARDING: \_\_\_\_\_

TOTAL # OF STUDENTS RENTING SKIS: \_\_\_\_\_

TOTAL # OF STUDENTS RENTING SNOWBOARDS: \_\_\_\_\_

TOTAL # OF STUDENTS WITH THEIR OWN EQUIPMENT \_\_\_\_\_

TOTAL # OF STUDENTS WITH SEASON PASSES: \_\_\_\_\_

TOTAL # OF ADULTS (TEACHERS & CHAPERONES): \_\_\_\_\_

TOTAL # OF ADULTS TAKING LESSONS: \_\_\_\_\_

TOTAL # OF STUDENTS REQUIRING A SPECIAL NEEDS LESSON: \_\_\_\_\_

NATURE OF DISABILITY: \_\_\_\_\_

**IT IS NECESSARY THAT THIS FORM ALONG WITH YOUR DEPOSIT OF \$3.00 PER STUDENT BE RETURNED 10 DAYS PRIOR TO YOUR SKI DATE.**  
PLEASE CONSIDER THIS FORM YOUR CHECKLIST FOR THE SKI VISIT AS WELL.

PLEASE RETURN TO:

TABLE MOUNTAIN SKI SCHOOL  
BOX 343  
NORTH BATTLEFORD, SASK.  
S9A 2Y3  
PH: # 306-937-2920

FAX # 306-937-3688